

## ***Dede Griesbauer***

### ***Professional Triathlete***

3 Union Park #5, Boston, MA 02118

dede.griesbauer@verizon.net

617-451-0522 (H) 617-512-1981 (Cell)

#### **2008 Race Results – 4<sup>th</sup> Year Professional**

- **Ironman World Championship, Kona, HI – 9:39:53. 10<sup>th</sup> place professional female. October 11, 2008.**
- Irongirl Columbia Triathlon, Columbia, MD. 1<sup>st</sup> place professional female. Swim and bike prime winner. August 24, 2008
- Timberman Triathlon, Gilford, NH. 4:32:02. 4<sup>th</sup> place professional female. August 17, 2008.
- Ironman Austria, Klagenfurt, Austria – 9:49:16. 10<sup>th</sup> place professional female. July 13, 2008.
- Cohasset Beach Sprint Triathlon, Cohasset, MA. 2<sup>nd</sup> place professional female. June 29, 2008.
- Eagleman 70.3, Cambridge, MD – 4:30:23. 2<sup>nd</sup> place professional female. June 8, 2008.
- Florida 70.3, Orlando, FL – 4:30:38. 3<sup>rd</sup> place professional female. May 18, 2008.

#### **2007 Race Results – 3<sup>rd</sup> Year Professional**

- **Ironman World Championship, Kona, HI – 9:33:34. 7<sup>th</sup> place professional female. Top American female. October 13, 2007.**
- Timberman Triathlon, Gilford, NH. 4:41:11. 3<sup>rd</sup> place professional female. Fastest female pro swim split. August 19, 2007.
- Vineman Half-Ironman, Sonoma Valley, CA. 4:27:00. 5<sup>th</sup> place professional female. July 22, 2007.
- Philadelphia Triathlon, Philadelphia, PA - 2:10:19. 5<sup>th</sup> place professional female. June 24, 2007.
- **Ironman Brazil, Florianopolis, Brazil – 9:18:18. 2<sup>nd</sup> place professional female. May 27, 2007.**
- St. Anthony's Triathlon, St. Petersburg, FL – 2:04:49. 9<sup>th</sup> place professional female. April 29, 2007
- California Half-Ironman, Oceanside, CA – 4:31:46. 2<sup>nd</sup> place professional female. March 31, 2007.
- Florida's Great Escape Triathlon, Clermont, FL - 1:19:44. 3<sup>rd</sup> place professional female. March 11, 2007.

#### **2006 Race Results – 2<sup>nd</sup> Year Professional**

- 70.3 World Championship, Clearwater, FL – 4:33:07. 15<sup>th</sup> place. November 11, 2006.
- Ironman World Championship, Kona, HI – 10:15. 32<sup>nd</sup> place. October 21, 2006.
- **Ironman United Kingdom, Sherborne, England – 9:37:44. 1<sup>st</sup> place. New course record. August 20, 2006.**
- New York City Triathlon, New York, NY. 8<sup>th</sup> place. July 16, 2006.
- Ironman Coeur D'Alene, Coeur D'Alene, ID. DNF. June 25, 2006.
- Florida Half Ironman, Orlando, FL – 4:28:34. 4<sup>th</sup> place professional female. May 21, 2006.
- St. Anthony's Triathlon, St. Petersburg, FL – 2:04:44. 10<sup>th</sup> place professional female. April 30, 2006.
- California Half-Ironman, Oceanside, CA – 4:46:18. 5<sup>th</sup> place professional female. March 30, 2006.
- Hyannis Half Marathon, Hyannis, MA – 1:27:36. 2<sup>nd</sup> place female. February 26, 2006.

#### **2005 Race Results – 1<sup>st</sup> Year Professional**

- **Ironman World Championships, Kona, HI – 9:54:34. 17<sup>th</sup> overall. 3<sup>rd</sup> American female. Fastest professional swim split. October 15, 2005.**
- Ironman Lake Placid, Lake Placid, NY – 10:20:45 – 8<sup>th</sup> place professional female. July 24, 2005.
- Blackwater Eagleman, Cambridge, MD – 6<sup>th</sup> place professional female. June 12, 2005
- Florida Half Ironman, Orlando, FL – 4:34:54. 5<sup>th</sup> place professional female. May 22, 2005.
- St. Anthony's Triathlon, St. Petersburg, FL – 2:07:46. 9<sup>th</sup> place professional female. April 24, 2005.
- Boston Run to Remember ½ Marathon, Boston, MA. 2<sup>nd</sup> female. 1:26:31. March 13, 2005.

#### **2004 Race Results**

- **Ironman World Championships, Kona, HI – 11:07:55 – 39<sup>th</sup> overall female. 4<sup>th</sup> Age 30-34. Fastest amateur cyclist. Second fastest amateur swimmer. October 16, 2004.**
- Lobsterman Triathlon, Freeport, ME – 2:12:27. 1<sup>st</sup> amateur female. 2<sup>nd</sup> place overall female. Fastest swim split. 9/11, 2004.
- Timberman Half Ironman, Gilford, NH – 4:38:44. 1<sup>st</sup> amateur female. 5<sup>th</sup> place overall female. Fastest swim split. 8/22, 2004.
- Blackwater Eagleman, Cambridge, MD – 4:28:16. 1<sup>st</sup> amateur female. 6<sup>th</sup> place overall female. Fastest swim split. 6/16, 2004.
- Florida Half Ironman, Orlando, FL – 4:36:50. 1<sup>st</sup> amateur female. 10<sup>th</sup> place overall female. May 23, 2004.
- Mardi Gras Marathon, New Orleans, LA – 3:07:08. 3<sup>rd</sup> place female. February 29, 2004.

### 2003 Race Results

- **Ironman World Championships, Kona, HI – 10:29:45 – 29<sup>th</sup> overall female. 4<sup>th</sup> Age 30-34. October 18, 2003**
- Ironman ½ Ironman, Narragansett, RI – 4:39:07 – 1<sup>st</sup> place overall female. September 8, 2003.
- USAT New England Regional Championship Triathlon, Lakeville, MA 2:09:53 – 2<sup>nd</sup> place overall female. August 24, 2003.
- Blackwater Eagleman, Cambridge, MD - 3<sup>rd</sup> Age 30-34. 16<sup>th</sup> place overall female. June 8, 2003.
- Boston Marathon, Boston, MA – 3:19:02. April 21, 2003.
- Riverdogs ½ Marathon, Falmouth, MA – 2<sup>nd</sup> place female – 1:33.00. March 8, 2003.

### 2002 Race Results

- 2002 Boston Marathon – 3:19:55
- **2002 Ironman Florida – 10:32:36. 1<sup>st</sup> amateur female.**

### Swimming

- Raked 6<sup>th</sup> in the world, 200m backstroke, 1989.
- 2 – time U.S. Olympic Trials qualifier – 1988, 1992. Placed 10<sup>th</sup> 200m Backstroke, 1988. Placed 9<sup>th</sup> 100m backstroke, 1992. Placed 5<sup>th</sup> 200m backstroke, 1992
- 1989 & 1992 Stanford NCAA Championship Team Member. Captain, 1992. 10-time NCAA All-American
- U.S. National Team member 1989-1992.
- 1989 Pac Pacific Champion, 200 meter backstroke
- 1991 Pan American Games Champion, 200 meter backstroke

### Bicycling

- Trans-continental cyclist. Summer, 1995

### Running

- 17-time marathon finisher
- Marathon PR 3:07:07 (Mardi Gras, 2004)

### Education & Employment

- Choate Rosemary Hall, 1988.
- Stanford University, B.A., 1992, Scholar Athlete.
- The Wharton School, University of Pennsylvania, M.B.A., 1997
- Lehman Brothers, Equity Trader 1997-1999.
- MFS Investment Management, Vice President, Equity Trading, 1999 – March 2005.

### Other Sponsors

Saucony – Shoes & Apparel  
Guru Bicycles – Bike  
Fuel Belt – Hydration & Nutrition  
Team Psycho – Local Team Sponsor  
blueseventy – Wetsuits  
Oval Concepts – Aero Bars & Fork  
Infinet Nutrition – race day nutrition (product only)  
RacerMate – Training Equipment (product only)  
Oakley – Sunglasses (product only)  
Vasa Trainer (product only)  
Samsung Electronics (product only)  
The Zone (product only)